



# THE VILLAGE VOICE

BY: HISTORIC OLD HICKORY VILLAGE (HOHV)

P.O. Box 13, OLD HICKORY TN 37138

WWW.OLDHICKORY.ORG - SUMMER 2009

## Community Events!

**Marianne Williamson:** In every community there is work to be done. In every nation, there are wounds to heal. In every heart there is the power to do it.

The first point in the mission statement for Historic Old Hickory Village says we “strive for and promote a quality of life of the highest standard.” The second point emphasizes community spirit. To have this quality life and community spirit, it is vital for us to get to know our neighbors. On top of many ongoing programs, “community” is a topic emphasized by HOHV. So we will continue to provide Old Hickory with ample opportunity to get acquainted.

We have organized many events this year including the Home Tour, Village Yard Sale, Play Dates, Block Parties, Neighborhood Watch Kick-off, and the recent Beach Party. Not to mention the almost hundreds of events put on by the local churches and other organizations. We will keep activities coming and encourage attendance and support.

Upcoming events include the Harvest Festival in conjunction with the Community Garden on Oct.

3rd at 4pm. For more information or if you would like a booth for your business, art, craft, etc, see oldhickory.org.

Big Brothers Big Sisters will conduct a presentation at the community center September 14, 6:30pm. Snacks will be provided.



**Big Brothers Big Sisters**  
of Middle Tennessee

Another idea in the works is a coffee shop/ music event in the fall. Continue to check oldhickory.org for all the fall festivals and holiday events, including the Tree Lighting on Dec 5th.

Be proud of your community and get involved.

~Jared Throneberry, President

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## The Village Watch!

**Robert McAfee Brown:** Taking community seriously not only gives us the companionship we need, it also relieves us of the notion that we are indispensable.

Night Out Against Crime on Aug 4th was another great success, and Old Hickory is fortunate to have one of the best events in the Davidson County Area. Many people signed up for the Village Watch email list, to be notified of crimes or suspicious activity as soon as it happens. Visit oldhickory.org or thevillagewatch.org for more information.

Hermitage Precinct has “a new sheriff in town.” Commander Henry is excited to be here and is dedicated to helping the Village. He and Sgt Watkins have some pointers to help us help them improve crime in our area. First and foremost, never hesitate to call the police for anything. He says most people are hesitant to call because they don't think it's serious enough, don't want to bother them, or out of fear. He emphasized the fact that without our involvement their job is much harder. All calls are handled in the order of priority so try and be patient if they don't show up immediately. Another good reason to always call is the fact that all calls are fed into a database and police resources are allocated accordingly. In other words, the more calls they get from the Village the more patrols we'll get. So don't be afraid to call, they want us to. You don't have to see an officer and they will not pull up in front of your house unless you request it. The main thing is get involved!

And please use good common sense when parking your car and remove ANYTHING that can be seen from the outside. The street walkers will peer into the cars parked on the street looking for opportunity. And never leave your GPS unit in the window. You might as

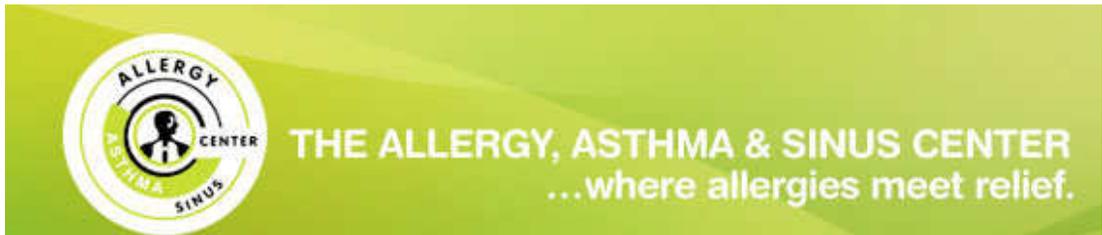
well tape a \$100 bill up there. You may also want to take a wipe to remove the mark that the suction cup leaves on the window when you take it off; they might look for that too.

Sgt Watkins agreed to have a community meeting on Thursday, Sept 3rd at 6:30 in the community center. Both Sgt. Watkins and Councilman Darrin Jernigan will be there to meet the people of the Village and answer any of your questions or concerns. Please mark this on your calendar and make it a point to attend. They're both very busy men and it would be nice to show them how much we appreciate their service and concern for us.



Image taken at Night Out Against Crime 2009, Old Hickory

# Stinging Insect Allergy



Now that summer is here and we are all spending more time outdoors, insect bites and stings are occurring more frequently. Insect bites, such as those caused by mosquitoes can be painful and itchy, but do not usually cause life threatening problems. Insect stings, however, can be life-threatening. It is estimated that approximately 3 percent of the population has a severe form of allergy to stinging insects.

Stinging insects most likely to cause severe reactions include yellow jackets, honeybees, hornets, wasps, and fire ants. A severe allergic reaction, called *anaphylaxis*, can occur very rapidly after an insect sting. An anaphylactic reaction can involve several different organs and may result in swelling of the tongue or throat, difficulty breathing, nausea or diarrhea and can even result in death if not quickly addressed. Anyone who experiences these symptoms after an insect sting should immediately receive emergency medical treatment.

After the reaction has been treated, an individual who has had a severe allergic reaction to an insect sting should be referred to an allergist for testing and to learn about treatment options. Allergy testing is available to help identify the insect that caused the severe reaction. Once the insect has been identified, there are three main areas of treatment available for an individual

with an insect allergy. The first option is prevention of a sting by avoiding the insect. Being careful outdoors, particularly around picnic areas and trash where these insect congregate, is important. Also, avoid wearing brightly colored clothing or scents that may attract insects to help prevent a future sting. Secondly, all individuals who are allergic to insect stings should carry an auto-injector that contains epinephrine with them at all times in case a sting occurs. They should seek immediate medical care if they should ever need to use the auto-injector. Finally, the best treatment for stinging insect allergy is allergy shots. Allergy shots can be administered to help vaccinate the allergic individual to the insect that caused the reaction. Venom immunotherapy is

highly effective and prevents future allergic reactions to insect stings in about 98% of patients.

If you think you may have an insect allergy, you should see an allergist who can provide you with more information, offer testing, and discuss treatment options. Patients who are allergic to insects should be able to enjoy all of the outdoor activities that are avail-

able at this time of year, provided they have received appropriate treatment for their insect allergy.

*Megan Partridge Stauffer, MD*  
Board Certified Allergist/Immunologist  
Allergy, Asthma, and Sinus Center

*“Stinging insects most likely to cause severe reactions include yellow jackets, honeybees, hornets, wasps, and fire ants.”*

## \*\*\*\*\*THINGS TO DO\*\*\*\*\*

Aug 29: Ice Cream Social ~ @ First Baptist 3pm

Sept 1: HOHV Meeting 6:30 (regularly 1st Monday, moved for holiday)

Sept 3: Neighborhood Watch with Sgt. Watkins

Sept 7: Labor Day

Sept 14: Big Brothers Big Sisters Comm Ctr 6:30pm

Oct. 3: Harvest Festival @ Community Garden

**Fall Festivals:** 9/19 ~ @OH Methodist 10am-3pm

10/25 3pm Hayes Ball field ~ North Pointe CC

10/31 Trunk or Treat ~ Nazarene & Methodist

First Saturdays: Bargains for a Bargain - Outreach Center



Promoting our economic and civic business growth.

P.O. Box 506  
Old Hickory, TN 37138-0506  
847-4516

Membership Luncheon  
First Tuesday of each Month  
Old Hickory Country Club  
11:30am

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# At Home with Mrs. Marie Harris

## *Ninety-Plus Years in Old Hickory*

By Jennifer Mayo

Photography by Mary Claire Crow

On an unseasonably cool July evening, I sat down with Mrs. Marie Harris (née Jones) at 804 Jones Street to talk about her life in our village. Mrs. Harris has resided in Old Hickory longer than anyone else. She moved here as a tiny baby in 1916, shortly after her birth in Hendersonville. That predates the “Historic Home Circa 1918” signs that adorn so many village homes. Now 93 years young, Marie has spent all but one and a half years of her life in Old Hickory. She has lived in five different Village homes, growing up at 905 Clarke St, 1407 Clarke and 900 Cleaves.

As a young woman, Marie spent some time at the Girl’s Dormitory and then moved to her current Jones Street home when she married. Sitting on her front porch, she described a time where children would play in the streets, running up and down while mothers sat on their porches and in their yards chatting with neighbors. Not so much has changed over the years in our Mayberry by the lake!

Marie recalls going to the pool with her friends (now the site of Rachel’s Walk) and eating popcorn from the snack shop. And she remembers afternoons spent picking wild blueberries and huckleberries near the DuPont plant, where her father worked as the swinging bridge conductor. As a young woman, she and her sweetheart would go to the community center for ice cream and often a game of bowling. The chirping of crickets and flashing of fireflies added to the romance of those summer walks.

Marie met William Everett Harris (Red) while walking to work one day from the girls dormitory. He invited her to come have breakfast with him, and she agreed. Red and Marie often sat in the swings under the stars in what is now called The Children’s Village Park. “Of course, everything was supervised, as everything was by DuPont back in those days,” said Marie. She and her beloved were married at Central Church of Christ in downtown Nashville on October 24, 1940. They spent 64 wonderful years together.

Red was “the joy of my life. He treated me like a treasure. He was sent from God, and those were the happiest years of my entire life.” Marie’s face lit up when talking about her years with Red, and the beauty of a young girl in love shone in her twinkling blue eyes.

What was Marie’s favorite thing about Old Hickory of yesteryear? It was safe. When she was bringing up her children in the village, “everyone knew everyone, and we all knew [the children] would be okay wherever they were.” When I asked Marie what makes the Village such a special place to live, she replied, “It’s home, it’s just home.”

*“It’s home,  
it’s just  
home.”*



*“Village Voices” will be a regular feature in our community newsletter. Please recommend a neighbor (or yourself), anyone with an interesting story to tell. Contact Jennifer Mayo at [jamayo10@yahoo.com](mailto:jamayo10@yahoo.com)*

# Cooking with Susan Lamb

**Late Summer Tip:** Try a "summer skillet". Brown some butter or bacon grease and toss in chopped tomatoes and onions, sliced okra and cut corn. Cook until tender. You can make your own version of this by substituting peppers, squash, beans -- the combinations are as varied as your garden.

When it's time for summer homecoming or dinner on the grounds, share your fresh corn in this recipe for **Corn Pudding**.

Preheat oven to 325'

Cut corn off the cob (scrape cob to get all the milk) to equal a generous 2 cups.

4 Tbsp butter, melted

4 eggs, beaten

1 1/4 cup heavy cream

2 Tbsp flour (self-rising)

2 Tbsp sugar



1 tsp salt / pepper to taste

Combine butter and dry ingredients.

Stir in the beaten eggs and then the corn.

Add cream last.

Pour mixture into casserole dish prepared with non-stick spray.

Bake at 325' for 35 minutes or until pudding is firm.

8-12 servings, depending on serving size.

**\*\*A note about sugar.** My source recipe calls for 2 Tbsp sugar, as so many corn pudding recipes. I don't think it's needed if you have really fresh sweet corn. Decide on your own taste.

P.S. How wonderful to drive down Hadley Avenue and see the hard work of the community garden in the full glory of late summer. Thanks, y'all!

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## Kid Safety: Back to School

By Tiffany Ezell

State Farm® agent



It won't be long before school starts again. Kids will be out in greater numbers on the streets and sidewalks. As parents, we want our children to enjoy their years in school and return safely home each afternoon. Whether your child is riding a bike, walking or taking a bus, there are a few simple safety rules you should discuss before school starts.

Riding a bike or walking will give your child a chance to get some exercise during the day. But children face possible dangers riding or biking. Children between the ages of 5 and 9 have probably not developed the skills and experience to navigate traffic safely and judge speed and distance. Before school starts, practice safe pedestrian skills with your child and provide adult supervision to and from school if possible. Tell your child to:

- Mind all traffic signals and/or the crossing guard.
- Never cross the street against a light, even if there's no traffic coming.
- Walk your bike through intersections.
- Ride or walk with a buddy.
- Wear reflective material to be more visible to street traffic.

Taking the bus is a safe mode of transportation. However, according to the National Safety Council, about 9,000 children are injured each year in incidents involving school buses. Surprisingly, these injuries occur as children enter and exit the bus. Review these safety tips with your child:

- Have a safe place to wait for the bus, away from traffic and the street.
- Stay away from the bus until it comes to a complete stop and the driver signals you to enter.
- When being dropped off, exit the bus and walk several giant steps away from the bus. Keep a safe distance between you and the bus. Also, remember that the bus driver can see you best when you are away from the bus.
- Use the handrail to enter and exit the bus.
- Stay away from the bus until the driver gives a signal that it's okay to approach.
- Be aware of the street traffic around you. Drivers are required to follow certain rules of the road concerning school buses but not all do.

If you're driving in a school area or along bus routes, be sure to watch out for children on the streets and sidewalks. Slow down in school areas. Stop at crosswalks and intersections when children are present. Obey all laws regarding school buses. Whether you have a child in school or not, help make sure all school children arrive at school and home safely.

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